Health Update

KITSAP PUBLIC HEALTH DISTRICT

March 31, 2020

COVID-19 Updates for Providers

Actions Requested

- **Be aware that, while several drugs are under investigation for managing COVID-19, non-pharmaceutical interventions (NPIs) remain the most important tool in controlling this pandemic.**

- **Familiarize yourself with the guidance**, on implementing home care for people who do not require hospitalization. https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-home-care.html

- **Understand the guidelines for discontinuing isolation and droplet precautions** for COVID-19 patients in different settings:
    - Hospitalized patients (guidance as of 3/23/2020): https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html
    - Immunocompromised patients: https://www.cdc.gov/coronavirus/2019-ncov/hcp/ending-isolation.html
    - Non-hospitalized patients (guidance as of 3/16/2020): https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html

- **Make sure healthcare workers with confirmed or suspected COVID-19 are safe to return to work before they do.** https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/HealthCareWorkerReturn2Work.pdf

- **Review strategies for optimizing personal protective equipment (PPE) supplies** during ongoing shortages. https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/index.html

- **Report positive COVID-19 test results immediately** to Kitsap Public Health Communicable Disease staff at 360-728-2235

- **Continue to counsel patients diagnosed with COVID-19 about their results and isolation and quarantine** including providing them with the WA State Dept. of Health one-page guidance documents. (See Patient Communication in the Resources section)

- **Encourage patients and colleagues to practice social distancing** and to comply with Gov. Inslee's Stay Home, Stay Healthy proclamation. https://www.governor.wa.gov/sites/default/files/proclamations/20-25%20Coronavirus%20Stay%20Safe-Stay%20Healthy%20%28tmp%29%20%28002%29.pdf

- **Learn about Coronavirus and COVID-19 trends in Kitsap County** in our new weekly Surveillance Report.(Attached)

- **Kitsap Public Health District would like to express our appreciation to our frontline health care partners for your incredible dedication and flexibility.**

Questions? Please contact our Communicable Disease staff at 360-728-2235.

Background

74 Kitsap County residents have tested positive for COVID-19 as of 2 pm Tuesday, March 31, 2020. Washington State Department of Health 3/30/2020 Morning Case Update includes 1,433 Kitsap County negative tests.

Healthcare facilities are discharging COVID-19 patients to home or long-term care facilities when clinically indicated. Some of these patients still need to remain in isolation with transmission-based precautions.

Resources

Attachments:
- Kitsap COVID-19 Surveillance Report 3/30/2020

Resources:

Patient Communication

- What to do if you have COVID-19:
  https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf

- What to do if you may have been exposed to COVID-19:
  https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDexposed.pdf

- What to do if you have symptoms of COVID-19 and haven't been exposed or tested:
  https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDconcerned.pdf

Other

- CDC guidance for health care providers & facilities: https://www.cdc.gov/coronavirus/2019-ncov/hcp/index.html

- CDC COVID-19 page: https://www.cdc.gov/coronavirus/2019-nCoV/

- DOH COVID-19 page: https://www.doh.wa.gov/Emergencies/Coronavirus

- KPHD COVID-19 page: https://kitsappublichealth.org/CommunityHealth/CoronaVirus.php

Kitsap COVID-19 Surveillance Report
Release Date: March 30, 2020

Summary: COVID-19 is an illness caused by a new type of coronavirus. There were 40 positive COVID-19 tests between 3/23/2020 and 3/29/2020, bringing the total number of Kitsap resident cases to 56. Healthcare visits for coronavirus-like illness (CLI) increased to 135 visits between 3/15/2020 and 3/21/2020. There have been 0 Kitsap resident coronavirus-related deaths as of March 27, 2020. Local coronavirus activity is higher than normal due to a novel strain (COVID-19).

COVID-19 Lab Confirmed Positive Cases by Lab Confirmation Date

	7-Mar	8-Mar	9-Mar	10-Mar	11-Mar	12-Mar	13-Mar	14-Mar	15-Mar	16-Mar	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar	23-Mar	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
Cumulative Case Total	0	1	2	2	3	3	3	4	7	8	8	11	13	18	18	22	25	31	39	46	52	59	63
New Cases	0	1	1	0	1	0	0	1	3	1	0	3	2	5	0	4	3	6	8	7	6	7	4
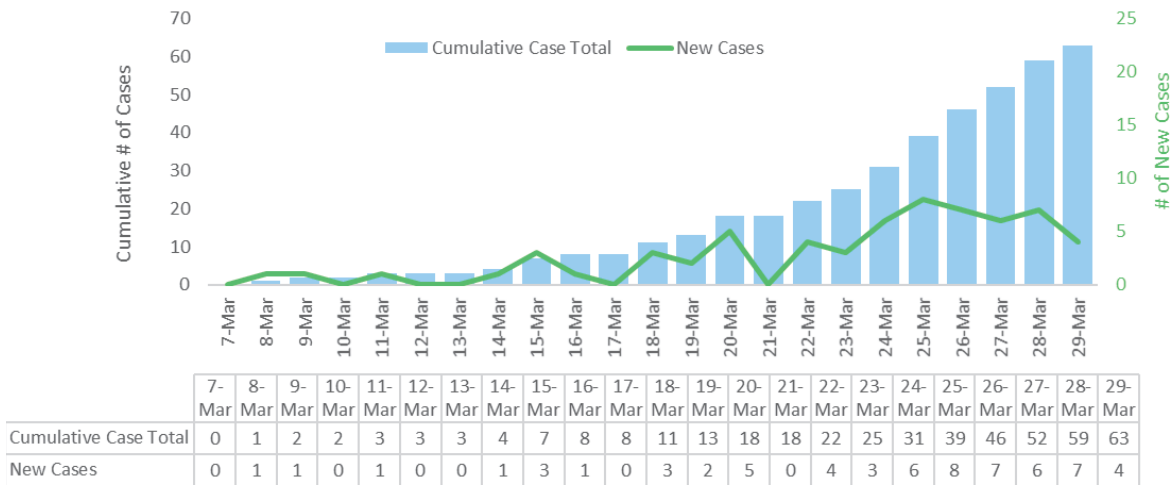
Rate of Kitsap County Positive COVID-19 Cases per 100,000 Residents by Geographic Region in 2020

2020 Total

# Tested	1,496
# Positive Covid-19	63
# Negative Covid-19	1,433
Percent Positive	4%
Percent Hospitalized Overnight*	12%
# of Deaths	0

| Case by Geography	N(%)
Bainbridge Island	8(13%)
Bremerton	11(17%)
Central Kitsap	10(16%)
North Kitsap	14(22%)
South Kitsap	20(32%)
Case by Age Range	
0-19	3(5%)
20-29	8(13%)
30-39	7(11%)
40-49	17(27%)
50-59	14(22%)
60-69	9(14%)
70-79	4(6%)
80+	1(2%)

*Based on available data (n=50)

Data Source: Washington Disease Reporting System, Washington Department of Health, Web accessed 3/30/2020

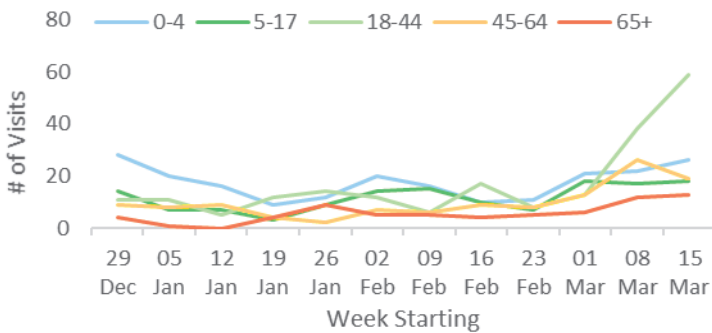**KITSAP PUBLIC HEALTH DISTRICT**

Syndromic Surveillance for Coronavirus-Like Illness (CLI)

CLI visits are primary, urgent and emergency care visits for fever AND cough or difficulty breathing or shortness of breath, excluding cases diagnosed with influenza, and may not have a lab-confirmed novel coronavirus diagnosis. CLI visits could include visits for strains of coronavirus other than COVID-19 and other similar illnesses.
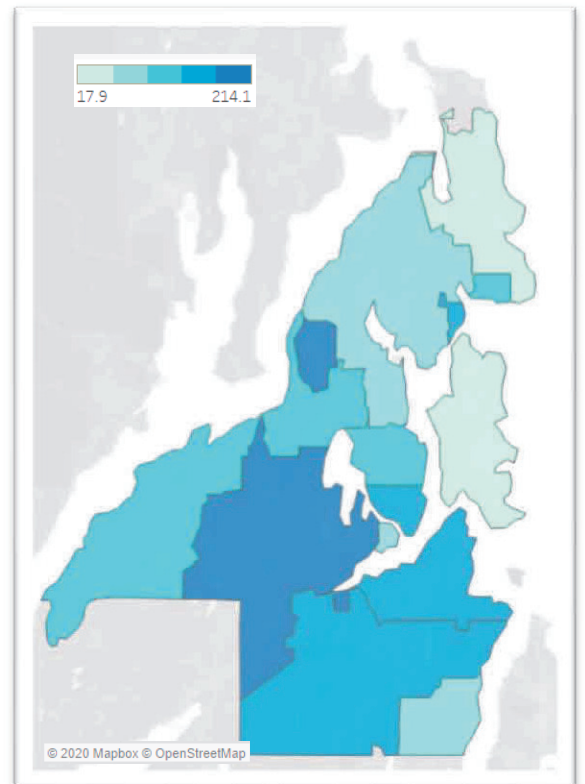
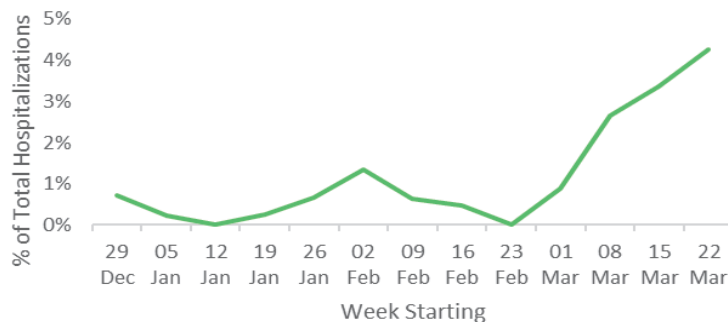### CLI Visits for Kitsap Residents by Week
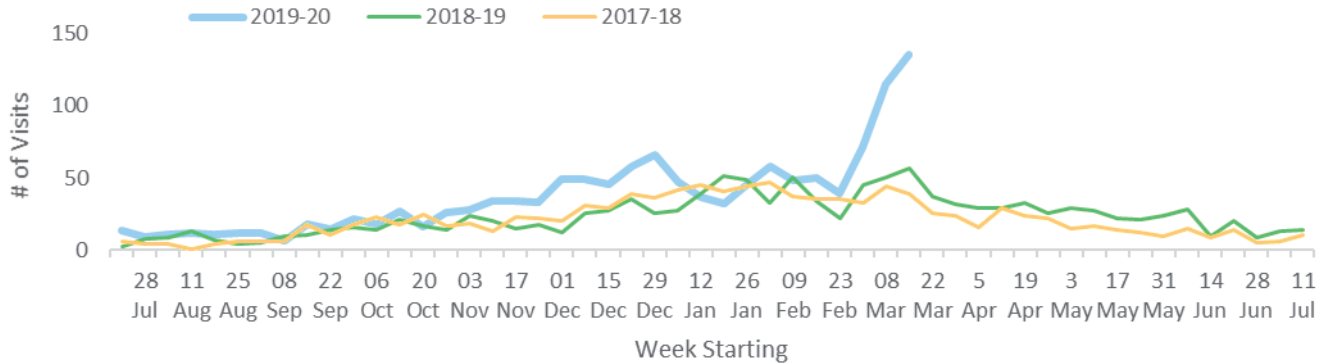
Age Group of Kitsap Residents with CLI Visits by Week

Percentage of Hospitalizations for CLI for Kitsap Residents by Week

Rate of Kitsap CLI visits per 100,000 Residents by ZIP Code of Residence: March 1 – March 21, 2020

17.9 – 214.1

© 2020 Mapbox © OpenStreetMap

Data Source: National Syndromic Surveillance Program, Electronic Surveillance System for the Early Notification of Community-based Epidemics (ESSENCE), Version 1.22 (Fall 2019), accessed 3/27/2020

More information: For questions or comments about this report, please contact: epi@kitsappublichealth.org

- WA State COVID-19 Website: https://coronavirus.wa.gov/
- Washington Department of Health COVID-19 Website: https://www.doh.wa.gov/Emergencies/Coronavirus
- CDC Covid-19 Website: https://www.cdc.gov/coronavirus/2019-ncov/index.html
- World Health Organization Covid-19 Website: https://www.who.int/emergencies/diseases/novel-coronavirus-2019