

April 30, 2020

COVID-19 Update: Revised Testing Guidance and Instructions to Order Testing Supplies via Kitsap EOC

Actions Requested

- Review specific requests from the Washington State Department of Health in their April 29, 2020 letter to Health Care Providers, Lab Directors and Administrators (attached).

Testing Guidance

- Be familiar with expanded Washington State Department of Health (DOH) COVID-19 Testing Guidance for Healthcare Providers (Updated April 28, 2020): <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/Interim-2019NovelCoronavirusQuicksheetProviders.pdf>
 - Test **all** patients with new onset of symptoms consistent with COVID-19, regardless of age or health status when adequate testing capacity is available.
 - Collect specimens for SARS-CoV-2 (COVID-19) using any of the following methods: single nasal (anterior nares), nasal mid-turbinate or nasopharyngeal (NP). Method-specific instructions for specimen collection are available at: <https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020COVID19/HealthcareProviders>
 - Order testing supplies through normal channels, and if unable to obtain them, order through Kitsap County Department of Emergency Management (see page 2 of this Update for details).

Statewide Healthcare Provider Testing Status Survey

- Licensed practicing professionals who are or might order SARS-CoV-2 PCR testing for their patients should complete the DOH Healthcare Provider Testing Status Survey: <https://redcap.iths.org/surveys/?s=FX8ATA7XLC>
 - A robust response is very important as results will support statewide efforts to better understand access and barriers to SARS-CoV-2 testing and inform decision-making about future relaxation of the nonpharmaceutical interventions social distancing measures at the state level.

Patient Information

- Share DOH COVID-19 information sheets with patients, emphasizing isolation for ill persons and self-quarantine for exposed close contacts.
 - Patients with confirmed or suspected COVID-19 (updated March 17, 2020): <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf>
 - Patients who were exposed to a confirmed COVID-19 case (Updated April 28, 2020): <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDexposed.pdf>
 - Unexposed patients with COVID-19 symptoms (Updated April 28, 2020): <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDconcerned.pdf>

Positive Case Reporting

- Report all positive COVID-19 test results immediately to Kitsap Public Health Communicable Disease staff at 360-728-2235. This includes:
 - all repeat positive results for an individual but please be aware that repeat testing is not generally recommended by Washington State Department of Health.
 - all point of care PCR positive and negative results.
- Notify Kitsap Public Health Communicable Disease staff within 24 hours of any death associated with a positive COVID-19 test by calling 360-728-2235

Kitsap Public Health District: Health Update, April 30, 2020

Testing Supply Orders

- **Be aware that the Kitsap County Emergency Operations Center (EOC) now has ongoing ability to fulfill testing kit and supply orders.**
- **Submit an order by completing the attached ICS 213 RR form.**
 - Either fill-out on your computer and print or print and fill-out by hand.
 - Incident name is "COVID-19".
 - In the "Requestor" section, include the type and number (Qty.) of testing supplies that you are requesting.
 - Use "Requested by Name/Position" field to provide a contact name and phone number or email address so the EOC can reach you.
 - The EOC will do its best to meet everyone's requests but depending on the number of requests and availability of supplies, there may be limitations to how much can be distributed to each requestor.
 - Submit your completed RR form to: logs@kitsapem.org.
- **Request from the following supplies:**
 - Abbott Testing Kits
 - Swabs
 - Viral Transfer Media (VTM)
 - Complete Specimen Collection Kits
- Direct any questions via email to logs@kitsapem.org.

Background

151 Kitsap County residents have tested positive for COVID-19 and 2 Kitsap County resident deaths have been associated with COVID-19 as of 4PM on April 29, 2020.

Resources

- CDC COVID-19 page: <https://www.cdc.gov/coronavirus/2019-nCoV/>
- DOH COVID-19 page: <https://www.doh.wa.gov/Emergencies/Coronavirus>
- KPHD COVID-19 page: <https://kitsappublichealth.org/CommunityHealth/CoronaVirus.php>
- Questions? Please contact our Communicable Disease staff at 360-728-2235

Attachments

- Washington State Department of Health Letter to Health Care Providers, Lab Directors and Administrators, April 29, 2020.
- Resource Request Message (ICS 213 RR form)



STATE OF WASHINGTON
DEPARTMENT OF HEALTH

*PO Box 47890 • Olympia, Washington 98504-7890
Tel: 360-236-4030 • 711 Washington Relay Service*

April 29, 2020

Dear Health Care Providers, Lab Directors, and Administrators:

Re: COVID-19 Testing, Tracing, Isolating

In “pandemic time,” I write to ask for your urgent help to control COVID-19.

To prepare to reverse engineer COVID-19 community mitigation measures, the public health system is working quickly to rebuild, surge, and strengthen case and contact investigations so we can rapidly isolate cases and quarantine contacts. We believe full discovery of COVID-19 cases and timely contact tracing is essential to suppress transmission in the community and avoid a rebound in COVID-19 activity.

As we strengthen our system, **we ask your help to:**

Test ALL patients with symptoms consistent with COVID-19, including young and healthy patients

1. See new [testing guidance](#) from the Department of Health for more information. If you do not have PPE, contact your [local emergency management agency](#) to request and receive these items. If you represent a Tribal Nation or a Local Health Jurisdiction, testing specimen collection supplies can be ordered using the [Specimen Collection Request Portal](#).
2. **Ensure that 100 percent of your COVID-19 lab samples are submitted with the patient’s address as well as contact information (phone and email). More than 55 percent of lab results are submitted to us with incomplete or missing contact information, which greatly delays our public health work and limits our ability to suppress transmission of COVID-19.** Per [WAC 246-101-105](#), when ordering a lab test for a notifiable condition, health care providers must provide the lab with the patient name, patient address including zip code, and patient date of birth. [WAC 246-101-225](#) authorizes public health officials to require other information of public health value, such as a patient phone number and email address. Your compliance will help all of us keep people safe and save lives. Small things in this response can make a huge difference.
3. Provide all patients you test for COVID-19 with the following information sheets and counsel them to a) isolate themselves while waiting for their test results and b) quarantine their other household members:
 - [What to do if you have confirmed or suspected coronavirus disease \(COVID-19\)](#)
 - [What to do if you were potentially exposed to someone with confirmed coronavirus disease \(COVID\)](#)

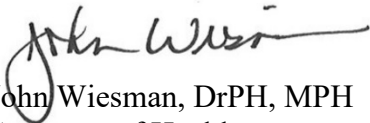
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- [What to do if you have symptoms of coronavirus disease 2019 \(COVID-19\) and have not been around anyone who has been diagnosed with COVID-19](#)

As we retool our system, we will soon ask health care providers to have all patients tested for COVID-19 to complete an electronic patient demographic and contact information form so we can get a head start if the patient tests positive.

Our success as a state relies upon our tightly coordinated efforts, and we appreciate your help.

Respectfully,

A handwritten signature in black ink, appearing to read "John Wiesman", with a long horizontal flourish extending to the right.

John Wiesman, DrPH, MPH
Secretary of Health

RESOURCE REQUEST MESSAGE (ICS 213 RR)

1. Incident Name:			2. Date/Time			3. Resource Request Number:		
Requestor	4. Order (Use additional forms when requesting different resource sources of supply.):							
	Qty.	Kind	Type	Detailed Item Description: (Vital characteristics, brand, specs, experience, size, etc.)	Arrival Date and Time		Cost	
					Requested	Estimated		
5. Requested Delivery/Reporting Location:								
6. Suitable Substitutes and/or Suggested Sources:								
7. Requested by Name/Position:				8. Priority: <input type="checkbox"/> Urgent <input type="checkbox"/> Routine <input type="checkbox"/> Low		9. Section Chief Approval:		
Logistics	10. Logistics Order Number:					11. Supplier Phone/Fax/Email:		
	12. Name of Supplier/POC:							
	13. Notes:							
14. Approval Signature of Auth Logistics Rep:					15. Date/Time:			
16. Order placed by (check box): <input type="checkbox"/> SPUL <input type="checkbox"/> PROC								
Finance	17. Reply/Comments from Finance:							
	18. Finance Section Signature:					19. Date/Time:		
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