

July 24, 2020

## Isolation Information for Patients Being Tested for COVID-19

### Actions Requested

- **Advise all patients when you test for COVID-19 that they should isolate themselves until they receive their test results.** If their test is positive you will notify them to stay in isolation and Kitsap Public Health will be following up with them by phone.
- **Ask patients if they have a place to isolate themselves.** If they do not have a place to isolate and need help, please call the Kitsap Quarantine & Isolation Referral Coordinator at 360-377-7777 (7 days/week, 9 am to 9 pm). This facility is only intended to serve medically stable patients who need isolation or quarantine for COVID-19.
- **Call Kitsap Public Health Communicable Disease staff** immediately at 360-728-2235 to report all positive COVID-19 test results including RT-PCR positive results and point of care PCR positive and negative results.

### Background

The Health District is aware that COVID-19 PCR sample turn-around times have increased. Due to this increased turn-around time, it is essential that persons with pending COVID-19 PCR test results isolate themselves to prevent the spread of the virus.

The number of COVID-19 cases reported in Kitsap has risen substantially. In addition, several COVID-19 outbreaks have been reported in recent weeks, including seven connected to long-term care facilities. 17,330 tests for COVID-19 have been performed for Kitsap County residents, 455 individuals have had a positive result and 3 Kitsap County resident deaths have been associated with COVID-19 as of July 23.

### Resources

- CDC COVID-19 page: <https://www.cdc.gov/coronavirus/2019-nCoV/>
- DOH COVID-19 page: <https://www.doh.wa.gov/Emergencies/Coronavirus>
- KPHD COVID-19 page: <https://kitsappublichealth.org/CommunityHealth/CoronaVirus.php>
- Questions? Please contact our Communicable Disease staff at 360-728-2235