



Youth Marijuana Prevention and Education Program

NEWSLETTER



Professional Learning:

Helping All People Flourish

Bring your lunch and join Kitsap Strong, March 21, 2018 from 11:30am-1:30pm at the Norm Dicks Government Center Chambers for this free training. Learn the science behind human behavior, explore the impacts of trauma and toxic stress on our brains, bodies, behavior, and choices. Develop ideas/strategies for supporting ALL individuals by helping them develop the skills and giving them the opportunities they need to flourish.

There is limited space available! Please RSVP at:

<https://www.eventbrite.com/e/helping-all-people-flourish-tickets-42953658549>

Please contact Marlaina Simmons with any questions, marlaina.simmons@kitsapstrong.org



UPCOMING EVENTS

This month's YMPEP newsletter is filled with professional learning opportunities. Check them out!

Olympic Region Networking Meeting

Keep an eye out for an invite to our April Olympic Regional YMPEP Networking Meeting.

Details coming soon!

Healthy Futures: Redefining Prevention

TOGETHER! is hosting *Healthy Futures: Redefining Prevention* on April 18-19, 2018 in Grand Mound, WA

"[This] conference is for prevention & treatment professionals, school & district staff, nonprofit administrators & programs, community organizers and anyone else who is interested in learning and sharing about innovative community responses to youth substance abuse, mental health, and other barriers to health and success for youth. TOGETHER!'s commitment to cross-sector collaboration extends to Healthy Futures, where we bring representatives from different fields, with a focus on amplifying youth voices, to learn from each other and coordinate their approaches to solving problems in our community, together. Join us this April for an invigorating, inspiring, and innovative conference!"

Learn more about this great professional learning opportunity: <http://watogether.org/healthyfutures>

2018 Public Health - Marijuana Summit

May 9-10, 2018 in Portland, Oregon

The Public Health - Marijuana Summit brings together national and local public health experts who will lead discussions on the marijuana issues we face today and into the future. This event is for those who currently have legalized recreational marijuana and for those who want to be prepared for when it comes. There will be specialty focused tracks for local public health professionals and advocates, as well as for tobacco prevention professionals and advocates.

Who should attend?

- > Local or state public health professionals
- > Tobacco control professionals
- > State or local health communications professionals
- > Local public health surveillance professionals
- > Public health and/or tobacco program partners
- > Public health advocates

Topics include: policy implications for public health, legal considerations for marijuana policies and implementation, marijuana surveillance for public health, public consumption, injury prevention, communication/education campaigns, emerging data, marijuana and social justice, and more.

For more information and registration: <https://www.ph-mjsummit.com/>

Resources:

National Institute on Drug Abuse for Teachers

The National Institute on Drug Abuse for Teachers offers more than 90 free classroom lessons, multimedia activities, and more on the effects of drugs and drug use on the brain, body, and life of teens.

These already made lessons are great to supplement your subject curriculum. For example, one of the lessons you can find is called "Drugs + Your Brain." This lesson is designed for grades 6-12, "is developed in partnership with Scholastic, provides scientific information about four major areas of the brain and what they do. Students learn how common drugs - such as marijuana, alcohol, and cocaine - affect different areas of the brain. The student article also discusses the chemical changes in the brain that can lead to drug addiction and overdose."

Find more free lessons by clicking on the link: <https://teens.drugabuse.gov/teachers/lessonplans#/questions>

Partnership for Drug-Free Kids Marijuana Talk Kit

The *Marijuana Talk Kit* is a great resource for parents, guardians, and caregivers to learn why pot is still risky for teens, what to say and what *not* to say when talking with teens, and how to respond to their questions.

Get this free resource here: <https://drugfree.org/download/marijuana-talk-kit/>



Brought to you by the Washington State Department of Health,
Dedicated Marijuana Account Funding

