

KITSAP PUBLIC HEALTH BOARD - AGENDA

February 7, 2017
1:45 p.m. to 3:00 p.m.
Norm Dicks Government Center, First Floor Chambers
Bremerton, Washington

- 1:45 p.m. 1. Call to Order
Commissioner Ed Wolfe, Chair
- 1:46 p.m. 2. Review and Approval of Agenda
Commissioner Ed Wolfe, Chair
- 1:47 p.m. 3. Approval of January 3, 2017, Meeting Minutes
Commissioner Ed Wolfe, Chair
- 1:50 p.m. 4. Approval of Consent Items and Contract Updates: See Warrant and EFT
Registers and Contracts Signed Report
Commissioner Ed Wolfe, Chair
- 1:55 p.m. 5. 2017 Health Board Committee Assignments
Commissioner Ed Wolfe, Chair
- 2:05 p.m. 6. Public Concerns/Comments
Commissioner Ed Wolfe, Chair
- 2:15 p.m. 7. Health Officer and Administrator Reports
Dr. Susan Turner and Keith Grellner

INFORMATION/DISCUSSION ITEMS:

- 2:20 p.m. 8. Kitsap Community Health Priorities Summit and Healthy Eating Active
Living Coalition
Katie Eilers, Community Health Director
Yolanda Fong, Community Health Assistant Director
- 2:40 p.m. 9. Olympic Community of Health / Three County Opioid Summit Report
Elya Moore, Olympic Community of Health Executive Director
- 3:00 p.m. 10. Adjourn

**KITSAP PUBLIC HEALTH BOARD
MEETING MINUTES
Regular Meeting
January 3, 2017**

The meeting was called to order by Board Chair, Mayor Becky Erickson at 1:45 p.m.

REVIEW AND APPROVE AGENDA

The Board was in unanimous agreement to rearrange the agenda and begin with action items.

ELECTION OF BOARD CHAIR

Commissioner Charlotte Garrido moved and Mayor Patty Lent seconded the motion to nominate Commissioner Ed Wolfe as the Kitsap Public Health Board Chair for 2017. The motion was approved unanimously.

Mayor Erickson passed the gavel to Commissioner Wolfe to assume his new role as Board Chair for the remainder of the meeting.

ELECTION OF VICE-CHAIR

Commissioner Garrido moved and Mayor Erickson seconded the motion to nominate Mayor Lent as Kitsap Public Health Board Vice-Chair for 2017. The motion was approved unanimously.

Commissioner Wolfe noted that he was briefed on the Health District 2017 priorities is looking forward to working with District staff.

ELECTION OF BOARD COMMITTEE ASSIGNMENTS

Mr. Keith Grellner, Administrator, recommended the Board postpone committee assignments until the following Board meeting when the full Board is present. The Board agreed and this item was tabled until the February meeting.

BOARD MEETING MINUTES

Mayor Erickson moved and Mayor Lent seconded the motion to approve the minutes for the December 6, 2016, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The December consent agenda included the following contracts:

- 1462 Amendment 2 (1652), *Kitsap County, MH/CD/TC Shared Metrics*
- 1648, *People's Harm Reduction Alliance, Secondary Syringe Exchange*
- 1649, *Jefferson County Public Health, Nurse Family Partnership*
- 1654, *Clallam County Health and Human Services, Community Health Assessment*
- 1662, *Washington State Health Care Authority, PEBB Employer Group*

Commissioner Garrido moved and Mayor Lent seconded the motion to approve the consent agenda, including the Contracts Update and Warrant and Electronic Funds Transfer Registers. The motion was approved unanimously.

PUBLIC COMMENT

There was no public comment.

HEALTH OFFICER/ADMINISTRATOR'S REPORT

Health Officer Update:

Dr. Susan Turner, Health Officer, provided the Board with the recent Kitsap Respiratory Illness Report and noted that influenza tests are now showing up as positive. She also noted that there has been an influx in positive tests for Respiratory Syncytial Virus (RSV), although there have been consistent RSV positive tests for several weeks. RSV is often confused with influenza.

Next, Dr. Turner informed the Board that she received information regarding the Affordable Care Act (ACA) from the Washington State Secretary of Health and the Governor. She explained that if the ACA were completely eliminated in Kitsap County, nearly 25,000 people would lose their health insurance coverage.

Dr. Turner informed the Board that information obtained from the Coroner's office for 2016 (through August), shows that there were two fentanyl related deaths in Kitsap county last year. She also shared data from the Vital Statistics Database for 2015, and noted that not all drug-related deaths are due to opiates. About one quarter of deaths are related to anti-anxiety and anti-depression medicine. Additionally, roughly half the deaths are also related to stimulants, such as cocaine and methamphetamine.

Dr. Turner reminded the Board that she is on the Steering Committee for the Three County Coordinated Opioid Response Project, headed by the Olympic Community of Health, which will be hosting a Three County Opioid Summit in Kingston on January 30, 2017. Additionally, she noted discussions are taking place regarding an Opioid Use Disorder (OUD) outpatient treatment facility in Kitsap County. She is working closely with Kitsap County Human Services on this matter.

Commissioner Wolfe asked Dr. Turner to elaborate on the different types of treatment discussed previously. Dr. Turner explained "outpatient treatment center" refers to a specialty treatment center. The vision is a medical clinic that specifically treats OUD, provides evidence-based treatment (multiple medication options include methadone, Vivitrol and Suboxone), as well as evidence-based behavioral interventions, mental health interventions and other adjunct types of interventions shown to work with OUD (for example, acupuncture). This would be a specialty referral center, with an addiction medicine specialist providing state of the art treatment, and a referral network for local physicians who wish to provide Suboxone treatment.

Commissioner Wolfe also asked Dr. Turner to elaborate on the “ongoing discussions.” Dr. Turner explained that many people are interested in this topic. Most of the people she has met with are interest in having more OUD treatment access in our community. Included in the discussion are: an addiction medical specialist outside our community, superintendents, elected officials, and members of the behavioral health community, among others.

Mayor Erickson commented that she talked extensively with Dr. Turner and Mr. Grellner over the past year regarding this matter and wants to emphasize that this a medical disorder and noted that we currently have no place for these individuals to go. This would be an all-encompassing facility with physicians treating individuals with OUD in multiple ways, not just with methadone. Dr. Turner confirmed this statement to be true.

Dr. Turner noted that she would be meeting the following week with the Harrison HealthPartners primary care section to further the discussion. She spoke with their medical director, who is very interested in this type of referral program.

Commissioner Wolfe clarified that these were staff discussions, not Board policy, at this time.

There was no further comment.

Administrator Update:

Mr. Grellner thanked Mayor Erickson for her service as Board Chair during 2016. The Health District and Health Board had many accomplishments last year under Mayor Erickson’s service and the entire Board’s leadership.

Mr. Grellner is composing a 2016 Board Annual Report, which has not been created in years past. The Annual Report would contain a summary of the past year’s activities and would be posted on the Board page of the Distract website. Mr. Grellner will email the Board the draft version for their review and comments before it is entered into the record in February or March. He also noted that the Health District was formed by the county commissioners in November 1947 and turns 70 years old this year.

Next, Mr. Grellner provided an update on the District’s transition to a new phone system. The transition has been going fairly well apart from a small “hiccup” in December. While implementing the new phone numbers, several clients notified the District that they received long distance messages when calling District phone numbers. It was discovered that Comcast, the District’s internet provider, who also provided the new Voice Over Internet Protocol (VOIP) Phone numbers, mistakenly gave the District long distance numbers associated with Enumclaw, Washington. The District immediately switched to new, local phone numbers and are diligently working to inform the public of the revised new numbers. Luckily, this issue was discovered early enough that minimal harm was done.

Additionally, Mr. Grellner informed the Board that Angie Larrabee, Confidential Secretary, would be sending the Board an updated list with contact information for all of the directors and

managers at the District. If the Board ever has a question about a specific topic area, they can contact managers directly for information, or contact Dr. Turner or Mr. Grellner.

Next, Mr. Grellner noted that the District would be meeting with superintendents for each of the school districts to discuss collaboration to implement the State School Health and Safety Rules, WAC 246-366. As the Board is aware, the District currently implements most of this rule, including plan reviews and approvals, inspections of new or remodeled school facilities, ongoing and frequent inspections of food service and pools at schools. However, the area that needs improvement is periodic environmental health and safety inspections of the general school facility. The District has identified two successful models in the state: Spokane Regional Health District and Tacoma Pierce County Health Department.

The District would like to discuss both models with superintendents and stress the importance of implementing these rules. The District will reach out to superintendents this month or next and offer to present information on this matter to each school board. Mr. Grellner will report back to the Health Board throughout the process.

On a related note, Mr. Grellner informed the Board of two recent incidents regarding health safety at Poulsbo Middle School and Klahowya Secondary School. Last month Poulsbo Middle School evacuated due to a heating and ventilation system malfunction. Klahowya Secondary School evacuated on Monday, and closed Tuesday, due to a boiler system malfunction. The Health District worked with the School District to correct the issue. Both incidents show the value of school involvement with public health to prevent and correct health issues that may occur.

Commissioner Wolfe asked Mr. Grellner to confirm that these periodic inspections are required by WAC 246-366, and to clarify how many health jurisdictions in the state currently comply with these regulations. Mr. Grellner said that approximately nine local health jurisdictions are currently in full conformance with the regulations. The remainder of health jurisdictions, including the Kitsap Public Health District, are in partial, or more than partial compliance, and are working on a plan to meet full compliance.

Next, Mr. Grellner reminded the Board that the District is working to act as custodian of funds. The District has been working with the county commissioners, auditor and treasurer to get the required consent to become custodian of funds in accordance with Board Resolution 2016-16: Consenting to Kitsap Public Health District to Act as Custodian of Funds, which was approved by the Board at the December 2016 meeting. The tentative start date is January 1, 2018.

Lastly, Katie Eilers, Community Health Director, introduced Yolanda Fong, the new Assistant Community Health Director, to the Board. Ms. Fong began working at the District in 2008 as a public health home visiting nurse before supervising the District's chronic disease prevention program. Ms. Fong is also an adjunct faculty member at Olympic College and a 20 Under 40 honoree.

There was no further comment.

REPORT: PUBLIC HEALTH MODERNIZATION – A PLAN TO REBUILD AND MODERNIZE WASHINGTON’S PUBLIC HEALTH SYSTEM

Mr. Grellner approached the Board regarding the 2017 legislative priority to support state funding for the Foundational Public Health Services, in accordance with Board Resolution 2016-17, Calling On the State Legislature to Recognize that Public Health is Essential and to Allocate Funding to Support Core Public Health Services in All Communities of Washington State.

This plan was prepared by the state Department of Health, state Board of Health, and local health jurisdictions (through the Washington State Association of Local Public Health Officials) in response to a directive by the Legislature included in a proviso in the 2016 supplemental state budget.

The purpose of the plan is “to provide a proposal outlining a plan for implementing Foundational Public Health Services statewide to modernize, streamline, and fund a twenty-first century public health system in Washington state” (Washington State 2016 Supplemental Budget, ESHB 2376, Section 219(24) Page 147, Lines 6-21).

In summary, the plan:

- Affirms that governmental public health has a critical and unique public safety role to protect and improve the health of families and communities, and that this role is a fundamental responsibility of the state via RCW 43.70.512;
- Demonstrates that while the demand for core public health services has increased, state and local funding per capita of core public health services has decreased, resulting in a state/local public health system that has become inadequate and is no longer able to meet basic public health needs, not to mention be prepared to handle a public health emergency or disease outbreak;
- Creates a vision and a plan to rebuild and modernize the public health system to meet the needs of a 21st century Washington state and its citizens; and
- Proposes a funding strategy to define and fund core public health services in every community.

Mayor Erickson asked if the District had heard any indication about the incoming administration’s plan for public health. Mr. Grellner said the District has not yet heard any concrete details. The next State Board of Health Meeting is January 11, 2017. Mr. Grellner assured the Board he would provide them with any new information presented at that meeting on this matter.

Commissioner Garrido noted that Drug Court Commencement would be held on January 27 at 9:00 am at the Commissioners’ Chambers.

Mayor Lent also announced that there would be a Seattle Seahawks rally at the Bremerton Boardwalk on Friday, January 6.

ADJOURN

There was no further business; the meeting adjourned at 2:20 p.m.

Ed Wolfe
Kitsap Public Health Board

Keith Grellner
Administrator

Board Members Present: *Mayor* Becky Erickson; *Commissioner* Charlotte Garrido; *Mayor* Patty Lent; *Commissioner* Ed Wolfe.

Community Members Present: Lisa Al-Hakim, *Peoples Harm Reduction Alliance*; Tad Sooter, *Kitsap Sun*.

Staff Present:

Karen Bevers, *Public Information Officer*; Dana Bierman, *Community Liaison, Chronic Disease Prevention*; Katie Eilers, *Assistant Director, Community Health*; Keith Grellner, *Administrator*; Karen Holt, *Program Manager, Human Resources*; Angie Larrabee, *Confidential Secretary, Administration*; Susan Turner, MD, *Health Officer*.

MEMO

To: Kitsap Public Health Board
From: Keith Grellner, Administrator
Date: February 7, 2017
Re: 2017 Board Committee Appointments

Health Board Bylaws specify three standing committees of the Board: Finance and Operations, Policy, and Personnel (Article X – Committees). Each committee shall consist of a minimum of three Board members, and the Chair shall make committee appointments by calling for volunteers from the Board membership during the first regular meeting of the calendar year. For your reference, the 2016 Kitsap Public Health Board Committee Assignments are attached, which has been amended to show the new 2017 Chair and Vice Chair.

This agenda item was moved by the Board from the January 2017 meeting to the February 2017 meeting for resolution.

Please contact me with any questions or concerns about this matter at (360) 728-2284, or keith.grellner@kitsappublichealth.org.

Attachment: Amended 2016 Kitsap Public Health Board Officers and Committee Assignments

2017 KITSAP PUBLIC HEALTH BOARD OFFICERS

Chair: Commissioner Ed Wolfe
Vice Chair: Mayor Patty Lent

2017 KITSAP PUBLIC HEALTH BOARD COMMITTEE ASSIGNMENTS

Finance & Operations	Mayor Becky Erickson Commissioner Charlotte Garrido Mayor Patty Lent
Policy	Mayor Becky Erickson Commissioner Rob Gelder Mayor Rob Putaansuu
Personnel	Councilperson Sarah Blossom Mayor Patty Lent Commissioner Ed Wolfe

MEMO

To: Kitsap Public Health Board
From: Katie Eilers, Director of Community Health
Yolanda Fong, Assistant Director of Community Health
Date: February 7, 2017
Re: **Kitsap Community Health Priorities Summit and Healthy Eating Active Living Coalition**

On March 15, 2017, the Health District and partners will be hosting a Kitsap Community Health Priorities (KCHP) Summit and facilitating a community-engagement “mini” health assessment. The KCHP Summit is entitled “Working together to create a healthier Kitsap”, and will be held from 9 a.m. to noon at the Kitsap Conference Center. In addition to the mini health assessment, we will also be highlighting the progress to date on our 2014 KCHP Priorities:

1. Adverse Childhood Experiences
2. Behavioral Health
3. Affordable Housing
4. Prevent/Reduce Obesity.

More information about KCHP and the 2014 priorities is available on the KCHP webpage at <http://www.kitsapchp.com/>.

All Health Board members are invited and encouraged to attend the Summit, and we think it would ideal if one of you would be available to open the event on behalf of the Health Board and Health District.

Health District staff have been active in the Prevent/Reduce Obesity priority workgroup, including the development of a Healthy Eating Active Living (HEAL) Coalition. The initial activities for HEAL include research, discussion, and stakeholder engagement through the dissemination and completion of a questionnaire. Attached to this memo is a description of the HEAL Coalition work completed to date, and copy of the HEAL questionnaire.

The questionnaire only takes about five minutes to complete, and we would appreciate it if Health Board members would also be willing to complete the questionnaire so that your responses can be added to the information we gather about this important topic in our community. An electronic version of the questionnaire is located through this link:

<https://www.surveymonkey.com/r/LWF7DCF>

Results for the questionnaire will be compiled and aggregate data will be shared at the March 15th KCHP Summit.

At today's meeting we will discuss the KCHP Summit and the work the Health District is doing in the KCHP priority area of Prevent/Reduce Obesity, along with the HEAL questionnaire.

Recommended Actions

1. Board member attendance at the KCHP Summit on March 15, 2017, at the Kitsap Conference Center.
2. A Board member volunteering to open the KCHP Summit on behalf of the Board and Health District.
3. Board member completion of the HEAL questionnaire.

Please contact Katie Eilers (katie.eilers@kitsappublichealth.org or 360.728.2224) or Yolanda Fong (Yolanda.fong@kitsappublichealth.org or 360.728.2275) for more information.

Attachments: HEAL Coalition Brochure
HEAL Coalition Questionnaire

Healthy Eating, Active Living Coalition

KITSAP COUNTY

We know that an individual's health is deeply connected to the community in which they live, work and play. Through equitable policies, systems and environmental supports which focus on chronic disease prevention and health education, we can improve the quality of life for future generations. To do this, we envision a community in which healthy food and physical activity opportunities are accessible and affordable for all.



VISION

A community that supports equitable access to healthy options for all Kitsap County residents.

Many **ENVIRONMENTAL FACTORS** - *ability to walk/bike to work or school, access to nutritious food ...*
can contribute to **RISK BEHAVIORS** - *not enough physical activity, poor nutrition, smoking ...*
which can lead to **RISK CONDITIONS** - *obesity, high cholesterol, high blood pressure ...*
that can result in **CHRONIC DISEASES** - *heart disease, stroke, diabetes, etc.*

GOALS

HEALTHY EATING

Everyone in Kitsap has access to equitable, affordable and culturally appropriate healthy food and beverage choices.

ACTIVE LIVING

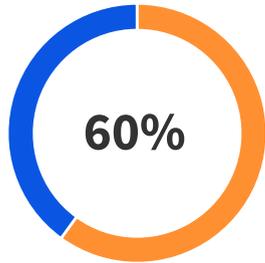
Everyone in Kitsap has the opportunity to incorporate physical activity and movement in everyday life.



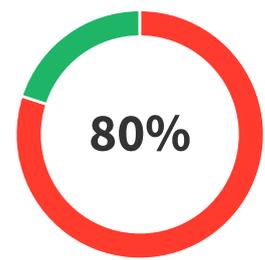
DATA



Approximately 8 in 10 youth and adults report eating fewer than 5 fruits and vegetables each day.



6 in 10 adults report less than 60 minutes of physical activity each day.



8 in 10 tenth and twelfth graders report less than 60 minutes of physical activity each day.

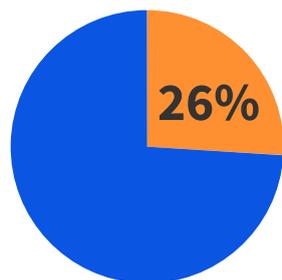
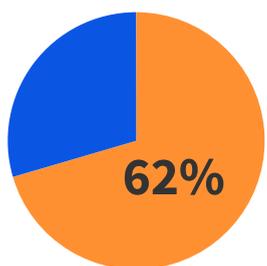
Many Kitsap residents are not eating a balanced diet or meeting recommended physical activity requirements. These challenges often contribute to risk conditions such as obesity and high blood pressure. What is widely known about these risk conditions is that they can lead to chronic diseases such as diabetes, stroke and heart disease. These chronic diseases are costly to individuals, families and community and often cause an increase demand on resources, time and quality of life.

So what can we do about this? We need to work on reducing the challenges individuals, families and Kitsap communities face by addressing and changing the environments in which we live, work and play. This would include working to improve the ability of residents to incorporate physical activity in daily life by walking or biking to school or work and increasing availability of fresh fruits and vegetables where people shop, work and learn.

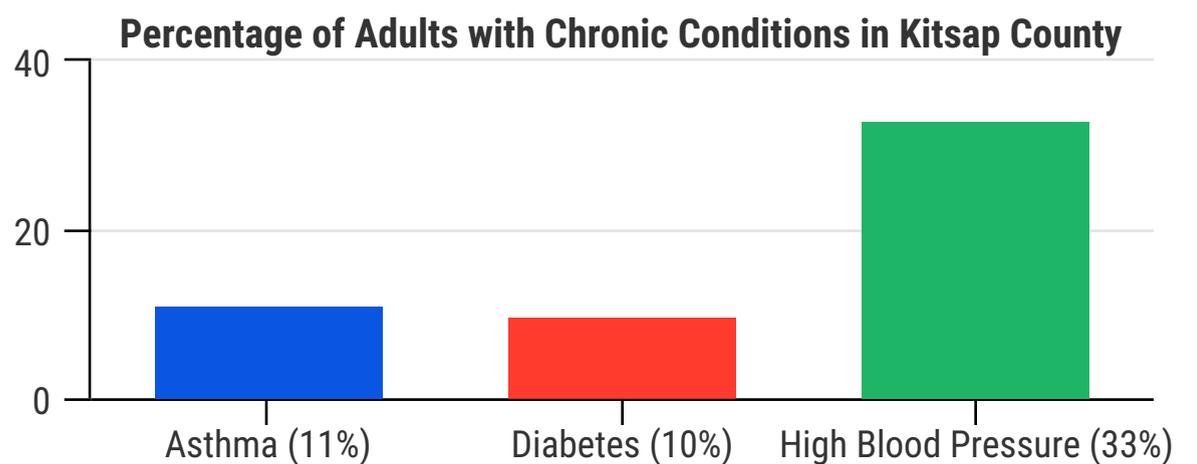
HISTORY

The Kitsap Healthy Eating, Active Living (HEAL) Coalition planning team was formed from a group of community organizations that recognized the importance of a collective impact for community health improvement. Many had previous experience working together on a successful obesity prevention campaign called 5210Kitsap. The HEAL Coalition planning team evolved from a group wanting to share a similar message to a group ready to make lasting change. We recognized that lasting change requires a shift in the way we live, learn, work and play in Kitsap. This can be achieved through identification and implementation of strategies that address policies, systems and our environment. We hope this will make a lasting impact on the health of every Kitsap resident.

The coalition team has developed two focus areas; Healthy Eating and Active Living. Under these focus areas, goals and strategies will be identified for Kitsap County through research, discussion and stakeholder engagement. The strategies identified will be recognized as being essential to improving healthy eating and physical activity opportunities in our community.



Overweight adults in Kitsap Overweight 12th graders in Kitsap



**We recognize it takes a coordinated effort of many stakeholders to make change.
We are up for the challenge and hope you are too!**

Data Sources: Youth: (1) Healthy Youth Survey 2014; Adults: (2) US Census and American Community Survey, 2015; Food: (3) US Census, County Business Patterns, 2014; Population: (4) Washington State Office of Financial Management, 2014 Population Estimates; Adults: (5) Behavioral Risk Factor Surveillance System 2015; Pregnant Women: (6) Washington State Department of Health, Center for Health Statistics, Birth Certificate Data 2015; Deaths: (7) Death Certificate Database 2010-14.

HEAL STAKEHOLDER QUESTIONNAIRE

Please take a few minutes to fill out this questionnaire. If you have already completed this questionnaire, thank you for your participation.

The purpose of this questionnaire is to:

- Learn about the work of other organizations engaged in healthy eating and active living strategies
- Gain a community perspective on essential needs to be successful in this work
- Build relationships and partnerships across a broad, inclusive set of stakeholders

What to know about this questionnaire:

- Your participation is voluntary
- Your responses will be kept confidential and data will be shared only in the aggregate
- Healthy Eating = eating 5 or more fruits and vegetables every day
- Active Living = getting at least 1 hour of physical activity every day

Date:	Interviewer:
Name:	Organization:
	Title/role:

1. What sector do you feel you represent? (Circle all that apply)

- Healthcare
- Schools
- Communities
- After School
- Early Childhood
- Workplace
- Other _____

2. Name three specific aspects of the greater Kitsap community that support healthy eating and/or physical activity.

- a.
- b.
- c.

3. Name three specific aspects of the great Kitsap community that are barriers to healthy eating and/or physical activity.

- a.
- b.
- c.

4. Please list the programs/projects you are involved in related to healthy eating, active living (HEAL).

- What is working well?
- What challenges do you face?

5. Please list any additional programs/projects that you are aware of in Kitsap related to healthy eating, active living (HEAL).

**6. When thinking about Healthy Eating at a community level, what is most essential?
(Choose 0-3: 0 = least essential; 3 = most essential)**

- Improve access to markets that sell or provide high-quality fruits and vegetables in underserved communities.
0 1 2 3
- Increase the availability of high-quality fruits and vegetables at retail stores.
0 1 2 3
- Increase the demand and purchasing of locally grown and produced food.
0 1 2 3
- Ensure access to free, safe drinking water.
0 1 2 3
- Increase and promote healthy food and beverage options in restaurants.
0 1 2 3
- Increase menu labeling in restaurants, vending, snack bars, and cafeterias.
0 1 2 3
- Provide opportunities to build skills and knowledge regarding healthy food and beverages.
0 1 2 3
- Establish policies to incorporate fruit and vegetable activities into schools as a way to increase consumption.
0 1 2 3
- Increase support for county level policies that limits unhealthy food/beverage options (e.g., Sugary-sweetened beverage tax)
0 1 2 3

- Increase support of county level policies that increase healthy food and beverage options (e.g. Farm to Institution).

0 1 2 3

**7. When thinking about Active Living at a community level, what is most essential?
(Choose 0-3: 0 = least essential; 3 = most essential)**

- Improved access to safe and affordable places for physical activity.

0 1 2 3

- Increase active transportation through Safe Routes to School.

0 1 2 3

- Increase support of county level policies that increase active transportation, community design and development.

0 1 2 3

- Improve access to public-private recreational facilities in communities with limited recreational opportunities.

0 1 2 3

- Improve workplace policies and programs that increase physical activity.

0 1 2 3

- Establish school policies and programs that increase physical activity.

0 1 2 3

- Establish early learning policies and programs that increase physical activity.

0 1 2 3

8. Would you like to ...

- a. **Partner:** actively participate and help in ways that I can (e.g., attend most meetings, share resources, align current work, etc.).
- b. **Connect:** will receive email updates, share organizational work and attend occasional meeting.
- c. **Honor:** I appreciate what you're doing, but choose not to be part of it at this time.

9. May we contact you? If so, please provide your email or phone number below.

Thank you.

If you have any questions, contact 5210Kitsap@gmail.com

Kitsap Community Health Priorities (KCHP) Summit

February 7, 2017

Kitsap Public Health District Board

Katie Eilers, MPH, MSN, RN, Director of Community Health

Yolanda Fong, MSN, RN, Assistant Director of Community Health



KITSAP PUBLIC HEALTH DISTRICT

2014 Community Health Priorities

- Adverse childhood experiences
- Behavioral health care access
- Affordable housing/homelessness
- Prevent/Reduce obesity



KCHP initiatives in response to priorities

- Kitsap Strong
- Kitsap Connect
- Medical Respite
- Healthy Eating/Active Living Coalition



KCHP Summit: Working together to create a healthier Kitsap

9 – noon
March 15, 2017
Kitsap Conference Center
Bremerton

- KCHP initiatives updates
- Emphasis on HEAL



Brian Saelens, PhD
Professor of Pediatrics, Psychiatry, and
Behavioral Sciences at the University of
Washington

We would like a Board of Health member to open the event



Prevent/Reduce Obesity

5210KITSAP.ORG



- 5** or more fruits & vegetables 
- 2** hours or less recreational screen time 
- 1** hour or more of physical activity 
- 0** sugary drinks, more water & low fat milk 

EVERY DAY!



5210 Success



Coalition development/list of partners

- YMCA-Pierce Kitsap Counties
- Washington State University Extension Kitsap
- Suquamish Tribe Community Health
- Kitsap County Bikes Everywhere Coalition
- Peninsula Community Health Services
- Registered Dietitian



Stakeholder Questionnaire

- Purpose
 - Identify interested partners
 - Healthy eating and active living activities in Kitsap
 - Essential areas for success
- Next steps
 - Share at KCHP meeting March 15th
 - Deeper dive into results
 - Develop strategies and Coalition

Questionnaire link

<https://www.surveymonkey.com/r/LWF7DCF>



Questions

Contact:

Yolanda Fong

yolanda.fong@kitsappublichealth.org



MEMO

To: Kitsap Public Health Board
From: Elya Moore, Olympic Community of Health Executive Director
Date: February 7, 2017
Re: **Report on Olympic Community of Health and Three County Opioid Summit**

Olympic Community of Health (OCH) is an Accountable Community of Health; one of nine in the state. Our region includes Clallam, Jefferson and Kitsap Counties as well as the Sovereign Nations of the Hoh, Jamestown S’Klallam, Lower Elwha Klallam, Makah, Port Gamble S’Klallam, Quileute and Suquamish Tribes. The OCH Board of Directors consists of leaders from tribal nations and health sectors. Currently one Kitsap Public Health District Director sits on the OCH board, Katie Eilers.

As you are aware, the Health District has served as the “backbone” agency for OCH since early 2016. The OCH Executive Director has been a Health District staff position housed at the Health District since April 2016. As intended from the outset, the OCH incorporated November 29, 2016, moved out of Kitsap Public Health District on February 1, 2017, and the OCH Executive Director is no longer employed by the Health District. The Health District will remain a close partner with the OCH, both through participation on its board and committees, and also through various projects.

In July 2016, the OCH selected a regional health improvement project: **Three-County Coordinated Opioid Response**. This project is a partnership between the OCH and the Salish Behavioral Health Organization (SBHO). Dr. Susan Turner serves on this project’s Steering Committee. The goal is to coordinate and implement a community response to the opioid crisis in Kitsap, Jefferson, and Clallam counties, including the tribal nations within those boundaries.

The project is planned to be carried out in two phases. The first phase is a planning and assessment phase, and ended January 31, 2017. The next phase will begin implementation, with ongoing assessment and monitoring into this problem. The long term goals are to:

1. Prevent opioid misuse and abuse;
2. Treat opioid dependence; and
3. Prevent deaths from opioids.

On January 30, 2017, the OCH and SBHO co-hosted an Opioid Summit in Kingston, WA. Approximately 230 people attended this event. The goal of this event was to share results from the assessment phase and encourage participation in the implementation phase.

The Medicaid Demonstration Transformation Project (formerly called the Medicaid Waiver), requires a coordinated opioid response for all Accountable Communities of Health statewide. This is important because it creates a sustainability pathway for this work moving forward.

At today's board meeting, I will provide you with a report and highlights of the past year's progress for OCH and a summary of results from the opioid summit.

Recommended Action

None --- Informational only.

For information about the OCH, please visit www.olympicch.org or contact Elya Moore, the executive director: elya@olympicch.org.



Kitsap Public Health Board

February 7, 2017

Clallam • Jefferson • Kitsap

The plan for a Healthier Washington



Build healthier communities through a collaborative regional approach

- Fund and support Accountable Communities of Health.
- Use data to drive community decisions and identify community health disparities.

Ensure health care focuses on the whole person

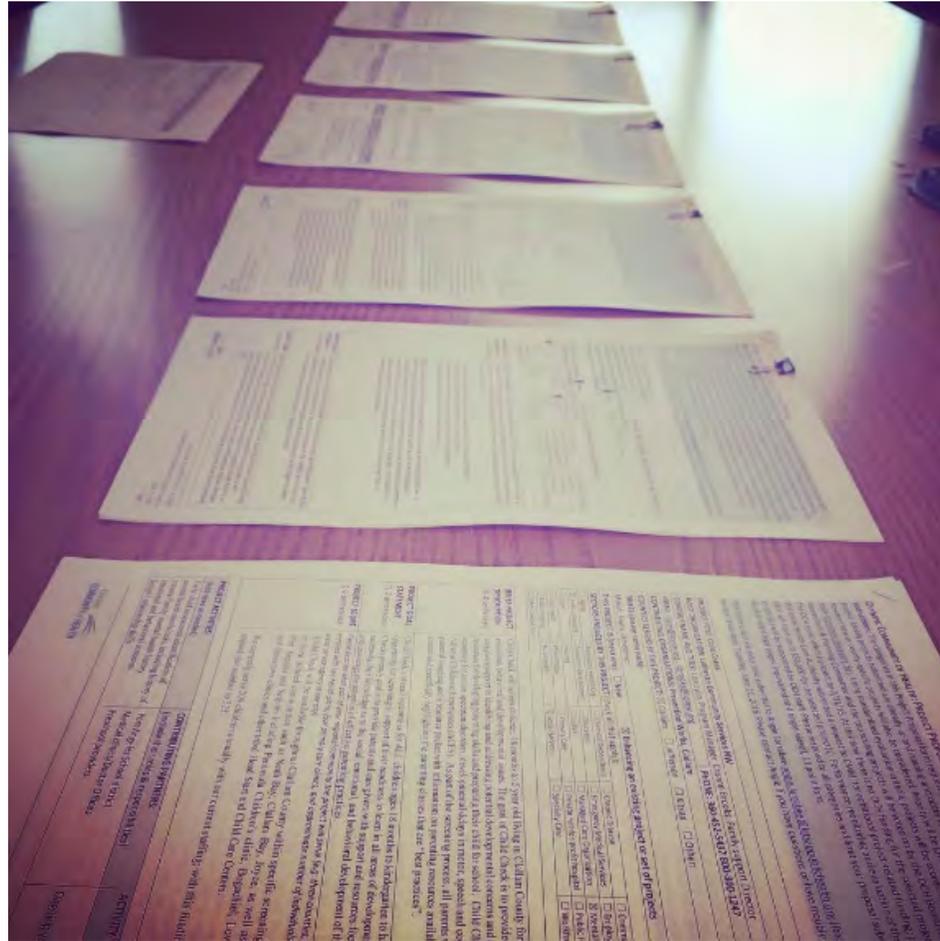
- Integrate physical and behavioral health care in regions as early as 2016, with statewide integration by 2020.
- Spread and sustain effective clinical models of integration.
- Make clinical and claims data available to securely share patient health information.

Improve how we pay for services

- Measure, improve and report common statewide performance measures.
- As purchaser for Apple Health and state employees, drive market toward value-based models.

Implementation tools: State Innovation Models grant, state funding, potential federal waiver, philanthropic support
Legislative support: HB 2572, SB 6312

Regional Health Improvement Project



Three-County Opioid Response Plan – Planning Phase

Planning Phase (Mid-September 2016 – January 31, 2017)

- Assessment into the scope of the problem and inventory of solutions already underway
- Identify and engage with Tribes and stakeholders *
- Form a project steering committee
- Select 3-5 measures to gauge success
- Hold a three-county Opioid Summit

** payers · mental health providers · substance use treatment providers · public health officers · local health jurisdictions · primary care providers · hospitals · emergency departments · dental providers · FQHCs · first responders · consumers · courts · elected officials*

The Steering Committee



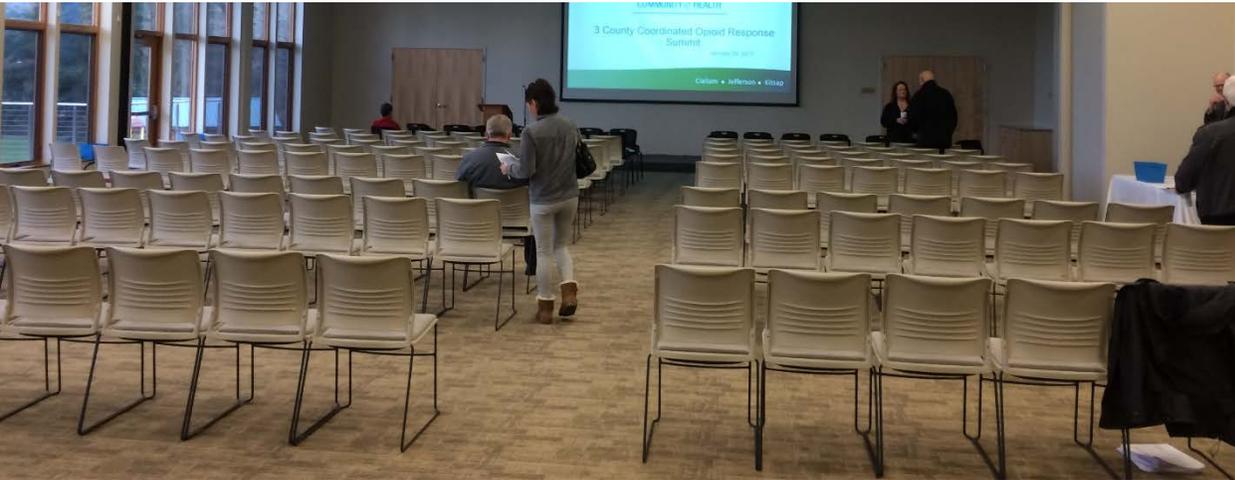
The Staff

- Lisa Rey Thomas
- Elya Moore
- Siri Kushner
- Angie Larrabee
- Mia Gregg



Opioid Summit

- 184 RSVPs; ~230 in attendance
- Sponsored by Coordinated Care and Amerigroup
- **Tribes:** Suquamish, Port Gamble S’Klallam, Jamestown S’Klallam, Makah, Quileute
- **Local Health Jurisdictions:** Clallam, Jefferson, Kitsap, Skagit
- **State agencies:** Health Care Authority, Department of Health, Labor and Industries, Department of Social and Health Services
- **Hospitals:** CHI Harrison, Olympic Medical Center, Forks Community Hospital, Jefferson Health Care
- **Community Mental Health Clinics:** Kitsap Mental Health Services, Discovery Behavioral Health, West End Outreach Services
- And many more...





Caleb Banta-Green, a researcher at the University of Washington's Alcohol and Drug Abuse Institute, talks to about 300 people during the Olympic Community of Health opioid summit Monday. (Jesse Major/Peninsula Daily News)

Three-county summit takes on region's opioid epidemic

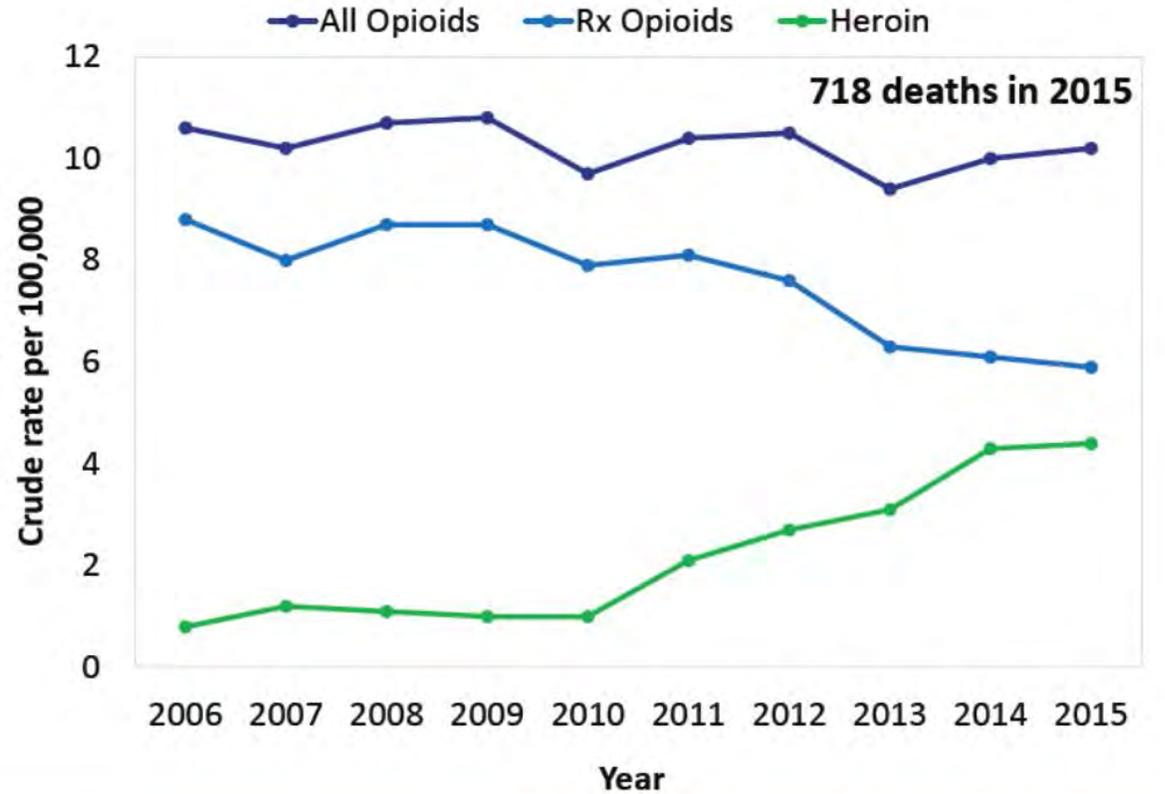
JESSE MAJOR • Wed Feb 1st, 2017 2:22pm • NEWS



KINGSTON — An estimated 974 injection heroin users in Clallam, Jefferson and Kitsap counties want help, a researcher told some 300 professionals who attended the Olympic Community of Health Opioid Summit.

Rx opioid deaths are decreasing while heroin overdoses have risen sharply

Trends in WA state 2006-15, excluding falls



Source: Department of Health death certificates

Assessment Phase Data Sources

Deaths	Inpatient Hospitalizations	Emergency Department (ESSENCE)	Mandatory Overdose Reporting	Medicaid Recipient Use*	Medication Assisted Treatment*	Syringe Exchange	Youth Perceptions and Prevalence
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OCH Surveys:

Healthcare Providers	Work Force	Law Enforcement	Emergency Medical Services
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*Data sharing agreement with WA Health Care Authority

Three-County Coordinated Opioid Response Implementation Plan

Goal 1: Prevent Abuse

Goal 2: Expand Treatment

Goal 3: Intervene in Overdoses

If you always
do what you
always did, you
will always get
what you
always got.

- *Albert Einstein*

Three-County Opioid Response Plan – Implementation Phase

Work groups around each area

- Prioritize tasks
- Select measures
- Begin implementation
- Ongoing assessment
 - Consumers
 - Substance Use Providers

Secure funding

- Amerigroup
- Medicaid Demonstration Project
- State Innovation Model Grant Funding
- Salish Behavioral Health Organization

Olympic
COMMUNITY of HEALTH
Culture • Affinity • Energy



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