

**KITSAP PUBLIC HEALTH BOARD
MEETING MINUTES
Regular Meeting
September 6, 2016**

The meeting was called to order by Board Chair, Mayor Becky Erickson at 1:45 p.m.

REVIEW AND APPROVE AGENDA

There were no requested changes to the agenda.

BOARD MEETING MINUTES

Mayor Rob Putaansuu moved and Mayor Patty Lent seconded the motion to approve the minutes for the July 5, 2016, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The September consent agenda included the following contracts:

- 1294 Amendment 1, *Hood Canal Coordinating Council, Agreement Amendment*
- 1316 Amendment 9, *Washington State Department of Health, Consolidated Contract*
- 1316 Amendment 10, *Washington State Department of Health, Consolidated Contract*
- 1389 Amendment 3, *Washington State Health Care Authority, Accountable Communities of Health*
- 1449 Amendment 2, *Washington Health Benefit Exchange, Lead Navigator Organization*
- 1553, *Kitsap Mental Health Services, Professional Service Agreement*
- 1570, *Puget Sound Partnership, Interagency Agreement*
- 1595, *Ozark Laboratory, Professional Service Agreement*

Commissioner Robert Gelder moved and Commissioner Ed Wolfe seconded the motion to approve the consent agenda, including the Contracts Update and Warrant and Electronic Funds Transfer Registers for June and July. The motion was approved unanimously.

PUBLIC COMMENT

There was no public comment.

HEALTH OFFICER/ADMINISTRATOR'S REPORT

Health Officer Update:

Dr. Susan Turner, Health Officer, began by thanking the Board for the privilege of being their Health Officer and noted it has been almost two years since she first interviewed for the position.

First, Dr. Turner addressed the board with some highlights of her work over the course of 2016 and noted that a list of these highlights could be found in her memo for this month's board packet. There is also a more detailed accounting of her work plan in the spreadsheet following the memo, in the Board's packet.

Lastly, Dr. Turner focused her Health Officer Update on the July 15 closure of Seattle Pain Clinic, including one clinic in Poulsbo, which was one of three clinics in Kitsap providing pain medication for pain management. The closure affected over 11,000 patients statewide, and 620 patients in Kitsap.

At first, there were daily statewide phone calls with the Incident Command Team, Department of Health and the Health Care Authority arranging for healthcare access for the individuals affected. Dr. Turner communicated daily with local healthcare partners and statewide agencies to provide local information on emergency department visits and access to services at the remaining pain clinics. She also played a key role in mobilization of response capacity in Kitsap County and continues to do so.

Administrator Update:

Mr. Keith Grellner, Administrator, reminded the Board that the Health District is currently underway with its 2015 audit. As part of the entrance conference, Mayor Lent, representing the board, and Mr. Grellner were interviewed by the audit lead. Mr. Grellner thanked Mayor Lent for her assistance. Once the audit is complete, Mr. Grellner will send an invitation to the Board to attend the audit exit conference, which will likely be in October.

The District is in the heart of budget planning for 2017. Mr. Grellner informed the Board that the District is still short of a balanced budget, but is in better shape than this time last year.

Mr. Grellner reminded the Board that there are several planned meetings with regarding the 2017 budget:

- September 21, 2016 – Budget hearing with the county,
- October 19, 2016 – Health Board Finance Committee meeting,
- November 22, 2016 – Finance Committee follow-up meeting (if needed).

Chair Erickson, Commissioner Garrido, and Mayor Lent are on the Finance Committee.

Lastly, Mr. Grellner informed the Board of a Policy Committee meeting scheduled for October 20, 2016 to discuss a potential drug take-back ordinance. Chair Erickson, Commissioner Gelder, Mayor Putaansuu are on the Policy Committee.

RESOLUTION NO. 2016-11, AMENDING THE 2016 KITSAP PUBLIC HEALTH DISTRICT BUDGET – AMENDMENT 2

Mr. Grellner addressed the board regarding a second amendment to the 2016 budget. Earlier this year, the Board approved contracts for the Hood Canal Regional Septic Repair Loan Program. In August, the District received about \$1.5 million in revenues from the grant and passed the funds through to Craft3, causing the District's expenditures to exceed the approved amount. This amendment accounts for the new expenditures.

Additionally, Mr. Grellner noted the budget numbers were “real-time” as of June 30, 2016. The District deficit is currently about \$200,000 less than projected in the January 2016 Amendment to the budget.

Finally, Mr. Grellner reminded the Board that the District is currently in the process of switching their phone system to a Voice Over Internet Protocol (VOIP) phone system which will take an initial capital cost of \$85,000 or less. However, District monthly expenditures will decrease considerably with the new system,

Commissioner Wolfe asked Mr. Grellner what the District can attribute the lower deficit to. Mr. Grellner responded that the District has new revenues and has also held off on filling recently vacant positions.

Mayor Lent moved and Commissioner Garrido seconded the motion to approve Resolution 2016-11, Amending the 2016 Kitsap Public Health District Budget – Amendment 2. The motion was approved unanimously.

There was no further comment.

RESOLUTION NO. 2016-10, AFFIRMING KITSAP PUBLIC HEALTH BOARD COMMITMENT FOR PAYING A PORTION OF THE KITSAP PUBLIC HEALTH DISTRICT’S NORM DICKS GOVERNMENT CENTER DEBT SERVICE COSTS

Mr. Grellner addressed the Board regarding the Board’s commitment to pay a portion of the District’s Norm Dicks Government Center (NDGC) debt service costs. In summary, when the NDGC was originally built, the District’s purchase agreement was based on the space expected for use, however some spaces were not accounted for. The District shares the fourth floor with two other organizations, though these offices are listed under the District’s agreement. The District worked with the county’s prosecutor to correct the agreement and is asking the Board to approve the corrected agreement.

Mayor Lent moved and Mayor Putaansuu seconded the motion to approve Resolution 2016-10, Affirming Kitsap Public Health Board Commitment for Repaying a Portion of the Kitsap Public Health District’s Norm Dicks Government Center Debt Service Costs. The motion was approved unanimously.

Chair Erickson commented that this goes beyond a scrivener’s error, and that there is no change to rental income, the agreement only clarifies ownership.

Mayor Putaansuu commented that there were several quality control issues with the original document.

There was no further comment.

RESOLUTION NO. 2016-12, CALLING UPON THE WASHINGTON STATE LEGISLATURE TO PASS LEGISLATION RAISING THE SALE AGE FOR TOBACCO AND VAPOR PRODUCTS TO 21 YEARS

Dr. Turner addressed the Board regarding the District's proposal for the Board to adopt Resolution 2016-12, Calling Upon the Washington State Legislature to Pass Legislation Raising the Sale Age for Tobacco and Vapor Products to 21 Years. The Board has supported efforts to reduce tobacco use among youth and adults for several years. Tobacco-related illnesses are still the number one killer in the United States and, especially concerning, after a decade of consistent decreases in tobacco use by teenagers, the 2014 National Youth Tobacco Survey found that overall use of tobacco among youth actually rose that year. Teen smoking and access to tobacco and vapor products has been demonstrated to occur less through illegal sales and more through friends who are of similar age, and are old enough to legally buy the products. Raising the age to 21, reduces the number of individuals within younger teen social circles who can legally obtain these products.

The State Board of Health recently passed Resolution 16-01, Tobacco to 21. The District asked the Board to approve Resolution 2016-12, which closely follows the State Board of Health Resolution.

Commissioner Garrido asked if other health districts are passing similar resolutions. Mr. Grellner confirmed that other health districts are involved in similar processes and our district would be the second or third local health jurisdiction to do this.

Commissioner Gelder moved and Commissioner Wolfe seconded the motion to approve Resolution 2016-12, Calling Upon the Washington State Legislature to Pass Legislation Raising the Sale Age for Tobacco and Vapor Products to 21 Years. The motion was approved unanimously.

Commissioner Gelder inquired what the next steps are for the District. Mr. Grellner explained that the District would work with the Washington State Association of Local Public Health Officials to urge the state legislature to pass this law statewide.

There was no further comment.

RESOLUTION NO. 2016-13, SUPPORTING COMPLETE STREETS IN KITSAP COUNTY

Mr. Grellner addressed the Board regarding Resolution 2016-13, Supporting Complete Streets in Kitsap County. Danielle Schaeffner, a former District Built Environment employee, worked with local planning departments on comprehensive plans. Ms. Schaeffner participated with the Kingston Complete Streets committee and learned of future grants for our region to support similar efforts. Complete Streets are designed, constructed, and maintained to enable safe access for all users. Pedestrians, bicyclists, motorists and transit riders of all ages and abilities must be able to safely move along and across a Complete Street. Changing policy to routinely include the

needs of people on foot, public transportation, and bicycles would make walking, riding bikes and riding buses safer and easier. People of all ages and abilities would have more options when traveling to work, to school, to the grocery store, and to visit family.

Supporting Complete Streets aligns with Initiative 2 of the District's Strategic Plan, decreasing chronic diseases and their impacts in our community by enhancing partnerships to prevent chronic disease.

Approving this resolution would give local ordinances an advantage when applying for grant funding.

Chair Erickson commented that the City of Poulsbo follows this model, although it has not formally adopted an ordinance.

Mayor Lent noted the State passed a resolution this year for this grant money, and by passing the resolution locally within our county, the Board would be providing local jurisdictions the opportunity to receive additional grant funding that was not previously allotted for transportation. She also noted that there is currently \$3 million in funding this year and there will be \$17 million available in funding next year. Mayor Lent supports this and encouraged the Board to approve the resolution.

Commissioner Garrido moved and Commissioner Gelder seconded the motion to approve Resolution 2016-13, Supporting Complete Streets in Kitsap County. The motion was approved unanimously.

There was no further comment.

CORE PUBLIC HEALTH INDICATORS REPORT FOR KITSAP COUNTY

Dr. Turner and Siri Kushner, Epidemiologist, addressed the board regarding the District's 2016 annual Kitsap County Core Public Health Indicators Report. Dr. Turner explained that as the governmental public health agency for our jurisdiction, some of the major roles that are uniquely the District's, under the guidance of the Board, are to monitor health status to identify community health problems, and mobilize communities to identify and solve problems.

Dr. Turner noted that seventy to eighty percent of health outcomes are related to things outside healthcare. Therefore much of the data the District presents relates to that seventy to eighty percent of contributors to health, including the environment, and what are often called the "social determinants of health", or the root causes of health and ill health.

Ms. Kushner gave a brief PowerPoint presentation to provide background information on the Indicators Report and explain some changes. The District has been doing this report since 2006. This year, most of the data are through 2014, with a few indicators through 2015. In addition to updates to the format, this year's indicator report is one, rather than two reports. This is meant to be a report card to show how well Kitsap County is doing in each area. The report looks at status

and trends over time, as well as comparing Kitsap's rates to the State's. There is a broad spectrum of data sources and the report covers four broad questions, "Who are we," "How healthy are we?", "How healthy are our lifestyles and behaviors?", and "How healthy are our surroundings?"

The Board split into two discussion groups and Mr. Grellner invited the public to participate. Each group's lead, Ms. Kushner and Ms. Hunter, reviewed the report and invited the group to ask questions and make comments.

Group One Discussion:

Lead: Siri Kushner

Note Taker: Margaret Hilliard

Participants:

Karen Bevers, Public Information Officer, Kitsap Public Health District

Sarah Blossom, Councilperson, City of Bainbridge Island;

Becky Erickson, Mayor, City of Poulsbo;

Rob Gelder, Commissioner, Kitsap County;

Patty Lent, Mayor, City of Bremerton;

Tad Sooter, Reporter, Kitsap Sun;

Dr. Susan Turner, Health Officer, Kitsap Public Health District

Ms. Kushner gave a brief overview of updates and changes to the Indicators Report.

Mayor Lent commented that the indicators are great and noticed that the District added indicators that are unique to Kitsap County.

While discussing changes in comparison of Kitsap to Washington from the last release, Mayor Erickson asked why there was a change in the data source for homelessness rate. Ms. Kushner explained that this indicator uses local data from the Housing Solutions Center, which provided a better representation of the issue. Mayor Erickson responded that it has been difficult to obtain this data in the past.

Regarding the Alzheimer's Death rate, Commissioner Gelder said he thought that unless there was an autopsy, there is no way to tell that a death is caused by Alzheimer's and suggested it might be better to look at all dementias. Ms. Kushner agreed that this poses a challenge, as well as getting accurate information on the death certificate and evaluating primary cause vs. assessment of contributing causes. Commissioner Gelder posed the question, "What is truly the cause of death?"

Mayor Lent asked Dr. Turner if she signs all of the death certificates in Kitsap County. Dr. Turner responded that she does not and explained that the system for assigning cause of death is inaccurate and subjective.

Ms. Kushner explained that there has been a change to reporting of rates: instead of three year rates, the report is now using single years, which has impacted trends.

Mayor Erickson noted the metric for adults doing favors for each other and asked Ms. Kushner how that information is obtained. Mr. Kushner said the data is gathered from the Behavioral Risk Factor Surveillance System (BRFSS) survey. Mayor Erickson expressed enthusiasm for this kind of information. Dr. Turner added that is something that's been demonstrated to be related to health outcomes.

Mr. Kushner explained that the population in Kitsap County is changing and also becoming more diverse. Mayor Lent responded that she saw an article that said that twenty-five percent of the population in Kitsap County is Hispanic or non-white. Ms. Kushner shared that in the Indicators Report, the number is twenty-two percent, or a bit more than one in five people.

Councilperson Sarah Blossom asked Ms. Kushner to clarify why the report says "white, non-Hispanic, etc." Ms. Kushner explained that Hispanic is now categorized as a racial group whereas previously it was considered an ethnic category separate from race groups.

Mayor Lent commented that the high school graduation rate very surprising, because she thought that this was improving. Ms. Kushner explained that the state has standardized the calculation to a national metric only a few years ago so we're not looking at very many years of data.

Mayor Erickson found the rate of residents experiencing food insecurity surprising and commented that the use of food banks in Poulsbo is in decline. Mayor Lent replied that perhaps Poulsbo citizens are traveling to Bremerton food banks. Ms. Kushner clarified that this takes into account elements beyond needing food and that the district could not get food bank data for an indicator. She also suggested that perhaps newcomers are going down and repeat users are increasing. Councilperson Blossom commented that the Bainbridge Island Helpline is decreasing as well.

Commissioner Gelder asked if there is a relation to the distance from food sources. Ms. Kushner said no, but suggested that may be something to look into. Mayor Erickson noted that the data are older, from 2012-2014, which makes sense. She explained that food insecurity was very high in 2011-2012.

Ms. Kushner explained that the numbers of homeless youth are increasing, but are still less than 2% of population. She also explained that schools are tracking, and their definition is becoming more broadly defined. Mayor Erickson suggested that this is increasing because we are getting better at recognizing homelessness. Ms. Kushner also noted that there is an uptick in the last school year that the District will be watching.

Ms. Kushner noted that Kitsap County has the highest rate of insured adults in WA. Mayor Lent said this is wonderful news. Councilperson Blossom asked if the report tracks insurance versus actual doctor and dental visits. Ms. Kushner answered that both types of visits are tracked in BRFSS, we could look at those rates as well.

Ms. Kushner explained that prenatal care visits are assessed by low income versus “not-low” income women. Low income rates are staying the same, not-low income rates are worsening. Mayor Lent asked why this is. Ms. Bevers suggested that it could be because of limited access to doctor’s appointments and explained that when she was pregnant and tried to get an appointment, her doctor told her to call back in her second trimester.

Regarding older adult fall-related hospitalizations, Commissioner Gelder suggested there may be value in breaking out fatal vs. non-fatal falls. He said that he previously worked with the elderly and explained that non-fatal falls can become an indicator of other conditions.

Ms. Kushner noted that the data shows fifty percent of babies in Kitsap County do not have the recommended set of immunizations for their age. Mayor Lent commented that she thought it was worse. Ms. Kushner added that by kindergarten entry, there is an improvement in children immunized.

Regarding continued increases in STDs, Commissioner Gelder asked what the thinking is behind these increased rates. He also suggested better reporting may be why there is an increase shown in the data. Dr. Turner responded that there is actually incomplete content reported by providers and it is hard to tell what demographics describe the populations that are experiencing the increase. She also explained that the District is working to collect more information. In other areas, increased numbers of gonorrhea and chlamydia have proceeded syphilis and then HIV outbreaks. She added that data comes from both labs and physicians.

Commissioner Gelder noted that it looks like Kitsap has the same rates as the state for obesity. Ms. Kushner also noted the shorter data timeline for adult rates compared to youth because of a change in the survey.

Ms. Kushner noted that opioid and drug deaths and hospitalizations are worsening, however, Kitsap County’s opioid nonfatal hospitalization rate is better than the state. Mayor Erickson suggested that this may just mean state is ahead of us in reporting and that these numbers are really bad news.

Regarding shoreline miles open for shellfish harvesting, Mayor Erickson expressed excitement for the increase from 69% to 85%.

There was no further discussion from group one.

Group Two Discussion:

Lead: Kari Hunter

Note Taker: Angie Larrabee

Participants:

Charlotte Garrido, Commissioner, Kitsap County;

Keith Grellner, Administrator, Kitsap Public Health District;

John Kiess, Assistant Director, Environmental Health, Kitsap Public Health District;
Rob Putaansuu, Mayor, City of Port Orchard;
Ed Wolfe, Commissioner, Kitsap County

Ms. Hunter gave a brief overview of updates and changes to the Indicators Report and explained data as she went through the report.

Commissioner Wolfe inquired why the birth rate is higher in Kitsap County than the State of Washington. Ms. Hunter noted that we do not currently have information regarding the cause of this, but suggested it could be due to the high military population in addition to a higher number of women in the age range to give birth.

Mr. Grellner noted that our increased number of adults with higher than high school education could be due to the introductions of new programs through Olympic College and Western Washington University in our county.

Commissioner Wolfe asked if we could contribute lower levels of youth in poverty to the work of Coffee Oasis and similar organizations. Ms. Hunter noted that it would be beneficial to research the cause of these numbers.

Commissioner Wolfe asked Ms. Hunter to define “Food Insecurity”. She defined it as individuals reporting that they are often hungry or not getting the nutrition needed.

Commissioner Wolfe noted that we have high numbers of overweight individuals in our local population. Ms. Hunter noted that individuals outside of a healthy weight could include those individuals who are underweight, overweight or obese.

Mr. Grellner noted that the social determinants of health play a large role in the health of our community.

Commissioner Garrido noted that our county rates of children receiving free/reduced lunch in schools are very high – which is not good.

Commissioner Garrido asked if we have a cause for the county’s increase in health insured adults. Mr. Grellner responded that it is likely because of Health Navigators in the county assisting individuals to get set up with marketplace health insurance.

Commissioner Wolfe asked if there was a correlation between number of births in Medicaid and number of insured individuals.

Commissioner Wolfe said he was interested in learning how substance use rates vary by region within the county.

Mayor Putaansuu noted that the rate of Opioid users is alarmingly high, though it is still better than the state.

Commissioner Wolfe commented that it looks like overall, Kitsap County is keeping up with state trends.

Mr. Grellner noted that the Health District is working to find more Environmental Health indicators. Mr. Kiess added that it will take several years of data to see indicators.

Commissioner Garrido commented that she would like to see an analysis of “food deserts” (areas with minimal or no access to fresh, healthy food) in our county.

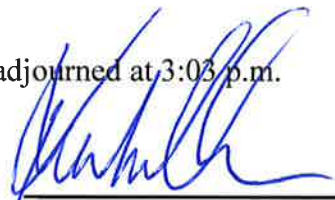
There was no further discussion from group two.

ADJOURN

There was no further business; the meeting was adjourned at 3:03 p.m.



Becky Erickson Ed Wolfe
Kitsap Public Health Board



Keith Grellner
Administrator

Board Members Present: *Council Member Sarah Blossom; Mayor Becky Erickson; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Patty Lent; Mayor Rob Putaansuu; Commissioner Ed Wolfe.*

Community Members Present: *Tad Sooter, Kitsap Sun.*

Staff Present:

Karen Bevers, Public Information Officer; Dana Bierman, Community Liaison; Karen Boysen-Knapp, Community Liaison; Kerry Dobbelaere, Program Manager 2, Clinical Services; Yolanda Fong, Public Health Nurse Supervisor, Chronic Disease Prevention; Keith Grellner, Administrator; Margaret Hilliard, Accounting Assistant 2, Accounts Receivable; Kari Hunter, Epidemiologist 1; Tracey Kellogg, Program Manager, Finance and Performance; John Kiess, Division Director, Environmental Health; Siri Kushner, Lead Epidemiologist 2; Angie Larrabee, Confidential Secretary, Administration; Shelley Rose, Community Liaison, Navigator Program; Susan Turner, MD, Health Officer